

**Personal, Social and Health Education (PHSE) Policy  
including Sex and Relationship Education (SRE) and  
Spiritual, Moral, Social and Cultural (SMSC) Policy**

**Issue Date:** 3<sup>rd</sup> September 2018

**Review Date:** 02/09/2019, 02/09/20

**Endorsement:** Full endorsement to this policy is given by:

**Name:** Thais Bishop

**Position:** Brighton Waldorf School Trustee

**Signed:** 

**Date:** 02/09/2020

### **Rationale**

The education provided by the school should enable pupils to make considered decisions on personal, social and moral issues. Whilst this will be addressed throughout the curriculum,

### **Introduction**

Personal, Social and Health Education (PSHE) is an integral part of our curriculum material. It is central to our vision:

The **Vision of the School** is to support each pupil's educational journey through the successive stages of child development from birth to adulthood.

The **Ethos of the School** is to nurture each pupil's full learning potential within a safe, secure and caring environment which enables each person to aspire, attain and achieve their full potential and develop a lifelong love of learning and the resilience to succeed.

The **Aim of the School** is to educate each pupil 'holistically' so that they are able to take their chosen life and career steps at the end of Key Stage 4 and be successful in their adult life.

### **Aims**

The detailed aims are relevant and experienced by pupils across the school's board curriculum and embedded learning. A specific PSHE programme will also be provide as part of the Citizenship (Lifeskills) Curriculum.

### **Purpose**

- To provide an opportunity for pupils to consider a range of personal, social health and moral issues.
- To support the personal, social, moral, spiritual and cultural development (SMSC) of pupil (SMSC).
- To promote British values and to encourage pupils to understand their wider role in the world.
- To provide pupils with opportunities to develop personal attributes that are essential for employability and life such as Leadership, Organisation, Resilience, Initiative and Communication.

### **PSHE**

- To provide students with a broad knowledge and experience-base to support an empathetic understanding of the world around them
- To support pupils in conscious exploration of thinking skills which take the opinions, experiences and needs of others into account
- To encourage pupils to be respectful of diversity
- To support pupils to understand the impact of words and actions, and accept full responsibility for their impact on the world
- To support pupils to be able to make informed, realistic and responsible decisions in school, and life, by providing pupils with guidance, advice and information
- To promote understanding of what constitutes a healthy lifestyle and nurturing mental health
- To raise awareness of safety issues, including Digital Citizenship, Substance Misuse and other potential addictive behaviours
- To raise awareness of the dangers of drugs and alcohol
- To develop self-confidence and self-esteem and the capacity to make informed choices regarding personal and social issues

### **SRE (abridged)**

- To enable pupils to develop healthy, responsible and respectful relationships
- To ensure pupils are informed of the various life processes both the physical and the emotional

- To promote understanding and the ability to make informed choices on issues around relationships, including those of orientation, safe sex, contraception and the safe use of digital technology in our relationships

#### **SMSC**

- To support pupils' ability to be reflective about human nature in general, including their own unique individuality and how this relates to different systems of belief, both ancient and modern, religious or otherwise
- To encourage pupils' sense of enjoyment and fascination in learning about themselves, others and the world around them
- To develop an understanding of how and why societies differ and relate that to the civil and criminal law of England
- To develop the use of a range of social skills in different contexts
- To promote pupils' willingness to participate in a variety of social settings, cooperate well with others and be able to resolve conflicts effectively
- To promote and develop citizenship and British Values

#### **Related Policies:**

Safeguarding & Child Protection  
PREVENT and Anti Radicalisation  
British Values  
SRE Policy  
Anti-Bullying Policy  
Pupil Behaviour Policy  
Cyberbullying Policy