

Class One | Learning Journey & Curriculum Map

Class One | Child Development

In Class 1 children there is a general mood of dreamy wholeness, with more broad awareness than focussed concentration. Children experience themselves and the world as one. The sense of oneness gradually transforms as they begin to discover themselves as unique beings. Children still learn most effectively through practical activity and imitation. The intent of the curriculum is to cultivate the child's imagination, their ability to create vivid mental images, a reverence for nature, care for the environment, respect for others and a keen interest in the world around them.

Class One | Sports & Movement

Active Learning Intention	Active Teaching Implementation	Active Environments Impact
<ul style="list-style-type: none"> ● Imitates the actions of songs ● Recalls the words of songs/verses ● Enjoys playing freely and imaginatively with props ● Stops playing when instructed ● Holds attention on a group activity ● Takes turns ● Raises hand and wait before speaking at appropriate times ● Skips, jumps, hops, crawls, balances on one leg, squats, claps, marches ● Passes a beanbag around the body 		

<ul style="list-style-type: none"> ● Touches different parts of ones own body ● Moves with different qualities (eg fast/slow, smooth/jerky) 		
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Class One | Sports & Movement | Curriculum Narrative

Handwork: The aims of handwork lessons in Classes 1 and 2 are to enable the children to use their hands in a practical and constructive way; to learn to use simple tools safely; to develop an eye for colour and design; to develop will power, concentration, and perseverance in seeing a project to completion; to develop finger dexterity, left and right coordination, logic and sequencing; to develop an appreciation for the raw materials and the process of making handmade objects.

Eurythmy: Children work towards learning how to walk several geometrical forms in space when presented via imaginative pictures (e.g. the square is a house or castle), having basic body awareness and dexterity, recognising some of the Eurythmy alphabet gestures, being aware and able to follow rules and safely handle copper rods, having good listening skills and a well-developed sense of rhythm.

Games: In Classes 1 and 2, the children do not have formal games lessons but have free play most afternoons and play games with their Class Teachers.